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| Offensive | The team that has possession of the ball. |
| Defensive | The team that does not have possession of the ball |
| Tap ball | The player touches the ball to foot to start and restart after a touch has been made |
| consistently | Show the same pattern/ skill repeatedly over a period of time |
| effectively | In such a manner as to achieve a desired outcome in the game – eg able to pass the ball to team mate to score; to score |
| confidently | Sure of oneself about own ability to successfully play the game |
| Dummy passes | The player with the ball goes through the motions of looking to pass the ball and then, right at the point where you normally let go of the ball, you hold on |
| cuts | a "scissors" move between two attacking players. |
| Side-stepping | if the offensive player takes a quick step to one of his/ her sides right before being touched by the defence |
| intercepts | When the defence catch a ball passed between 2 attacking players |
| Flick-ons | Any type of pass in any direction |
| Active zone | The area where the attacking team touches the ball down to score. The active zone is only open after 2 passes have been made in |
| Evasive skills | A skill that keeps an offensive player with the ball away from the defence eg, dodging, swerving, side stepping |
| Driving forward | The offensive team moving the ball forward quickly towards |
| Technical accuracy | Expertise to perform skills/moves related to the game without making any errors |
| Degree of flow/fluency | the quality of doing something in a smooth and skilful way |
| Degree of control | The quality of doing the skill or move |
| Apparent ease of performance | The act if doing the skill/ move in the game looks effortless |